

Upper School Counseling Office



October Bulletin Board

Check out the new October Bulletin Board!
October is Bullying Prevention Awareness Month.

Remember! Social Media Safety Tips:

- Never share your password with anyone
- Don't respond to abusive posts
- Don't accept friend requests from strangers
- Use strong privacy settings

[VIEW THE BULLETIN BOARD](#)

Upcoming Counseling Lessons

Students in grades 9-12 participate in monthly Counseling Lessons. Here are the lessons for October!

October 18 @ 9:10am

Grade 12 - Introduction to Financial Aid

October 19 @ 9:10am

Grade 11 - Researching Colleges Workshop

October 21 @ 9:10am

Grade 10 - Skills Assessment & Career

October 22 @ 9:10am

Grade 9 - Interest Profiler & Academic

Google Calendar Invites with Zoom Links will be sent directly to students.

[VIEW COLLEGE PREP BY GRADE LEVEL](#)

September Counseling Lesson materials, videos & assignments can be accessed in Google Classroom.

Homeroom Discussion

Students will participate in a Homeroom discussion on **October 20th, 2021** about transcripts, grades, and course selection. *Video & material will be shared on Google Classroom.*

Upcoming Parent Talks

The Counseling Office hosts monthly Parent Talks. Here are the upcoming talk topics (dates TBA).

October - Kick-off to College Applications for Grade 11 Parents

November - Introduction to Financial Aid aka How to Pay for College!

March - IB Orientation & Course Registration for Grade 10 parents

April - Letting Go for Grade 12 parents

May - Transitioning to the Upper School for rising Grade 9 parents

Invitations with dates and times will be emailed to you directly. *If you missed our September Parent Tal on Maialearning, [click here to view the video.](#)*

Six Ways to Deal With Parental Burnout

A year and a half into the pandemic, exhausted parents need healing. A mother explains how parents can move beyond burnout. - KENDRA WILDE, SEPTEMBER 3, 2021

[VIEW THE ARTICLE](#)

