

Neka Zang



<https://www.imdb.com/name/nm3686223/>

<https://www.broadwayworld.com/people/Neka-Zang/>

Fresh from her run on Broadway in the brand new hit musical American Psycho. An AMDA alum and past AMDA faculty, Neka is originally from Scottsdale Arizona. Neka splits her time between LA and NYC appearing on both stage and screen. She was last seen on Broadway as Constance Sack rocking out eight times a week in the smash hit Rock of Ages. Some other favorite credits include Wicked, Mary Poppins, Dam Sharks (SYFY), commercials for Spanx, Massage Envy and can be seen in the feature film A Winters Tale starring Colin Farrell.

Dance Workshop-

Taking a fresh approach to dance, Neka creates a new paradigm for movement. Starting each workshop with her “ Power Pose” she encourages her students to find their confidence through their individuality and stance. After a dynamic and energetic warmup, we do a series of across the floor exercises. They range from simple walking, helping to create characters and taking risks, to more advanced dance techniques. Each workshop will vary depending on the size, space and time, but other exercises include a variety of improvisational techniques, combinations, and confidence building movements.

MT/Acting workshops-

Taking a fresh approach to acting, Neka creates a new paradigm for expression. Starting each workshop with her “ Power Pose” she encourages her students to find their confidence through their individuality and stance. Neka then works individually with students that have monologues/songs prepared. Helping each performer find a fresh perspective and a new way of thinking, we watch the monologue/song shift and move as Neka helps direct thoughts and intention. She asks for students to chime in during the work session to keep the energy flowing. Each workshops will vary depending on the size, space and time, but other exercises include a variety of improvisational techniques, and confidence building movements.