



# Brent International School Manila

## September 2017 ELC Lunch Menu



A complete lunch includes: one meat and bread/pasta/rice entrée, one serving from the fruit and vegetable group, and juice or milk. Menus may change due to availability of products and emergency school closings.

**Daily Price for Kiddie Set Lunch - P 100.00 / set**

Monday	Tuesday	Wednesday	Thursday	Friday
<b>4</b> <i>Choice of:</i> Beef Bulgogi Fish Fillet with Creamy Mushroom Sauce *Cabbage and Beans Plain Rice Fresh Fruits Platter Chocolate Milk, Milk or Fruit Juice	<b>5</b> <i>Choice of:</i> Pork Barbecue with Rice *Tuna Spaghetti <i>serve with:</i> Buttered Corn and Carrots Apple Wedges Chocolate Milk, Milk or Fruit Juice	<b>6</b> Chicken in Corn Flakes Breakfast Fried Rice *Broccoli & Peas Fresh Fruit Macedonia Chocolate Milk, Milk or Fruit Juice	<b>7</b> <i>Choice of:</i> Holiday Pork Steak Mac & Cheese <i>serve with:</i> *Mashed Potato OR Rice Four Season Vegetable Chilled Fruit Cup Chocolate Milk, Milk or Fruit Juice	<b>8</b> <i>Choice of:</i> Fried Broken Wings Spaghetti Bolognese <i>serve with:</i> *Sauteed Bean Sprouts Fresh Watermelon Chocolate Milk, Milk or Fruit Juice
<b>11</b> <i>Choice of:</i> Popeyes Fried Chicken Pasta Alfredo <i>serve with:</i> *Coleslaw Plain Rice Fresh Cantaloupe Balls Chocolate Milk, Milk or Fruit Juice	<b>12</b> Pork Ribs Thai Chinese Fried Rice OR Plain Rice *Glazed Carrots & Corn Fresh Banana Chocolate Milk, Milk or Fruit Juice	<b>13</b> <i>Choice of:</i> Modern Cordon Bleu *Pasta Aglio Olio <i>serve with:</i> Rice Pilaf or Plain Rice Buttered Corn and Carrots Chilled Peaches Chocolate Milk, Milk or Fruit Juice	<b>14</b> <i>Choice of:</i> Baby Back Ribs Baked Spaghetti <i>serve with:</i> Plain Rice *Steamed Broccoli Florets Fresh Fruits Platter Chocolate Milk, Milk or Fruit Juice	<b>15</b> <i>Choice of:</i> Beef Burger Teriyaki Macaroni Salad <i>serve with:</i> *Potato Wedges Grilled Vegetables Chilled Fruit Cup Chocolate Milk, Milk or Fruit Juice
<b>18</b> <i>Choice of:</i> Fish fillet in a Jacket with Rice Potato Ham Salad *Pasta Pomodoro <i>serve with:</i> Vegetables Sticks Pears Slices Chocolate Milk, Milk or Fruit Juice	<b>19</b> <i>Choice of:</i> Baked Chicken with Rice Lasagna <i>serve with:</i> *Honey Glazed Veg Chilled Fruit Cup Chocolate Milk, Milk or Fruit Juice	<b>20</b> <i>Choice of:</i> Old House Pork Ribs Barbecue with Plain Rice Spaghetti Meat Balls <i>serve with:</i> *Broccoli Cauli Cheese Fresh Watermelon Chocolate Milk, Milk or Fruit Juice	<b>21</b> <i>Choice of:</i> Chicken Marengo with Plain Rice Spaghetti Hot Dog <i>serve with:</i> *Mixed Green Salad Fresh Cantaloupe Balls Chocolate Milk, Milk or Fruit Juice	<b>22</b> <i>Choice of:</i> Pork Schnitzel with Rice Lettuce & Crab Salad <i>serve with:</i> *Buttered Veg Fresh Fruits Platter Chocolate Milk, Milk or Fruit Juice
<b>25</b> <i>Choice of:</i> Pork Cordon Blue with Plain Rice Creamy Pesto Pasta <i>serve with:</i> *Baked Pumpkin Chilled Fruit Cup Chocolate Milk, Milk or Fruit Juice	<b>26</b> Fish Kebab Java, Plain Rice OR *Roasted Potato <i>serve with:</i> Roasted Green Beans Fresh Banana Chocolate Milk, Milk or Fruit Juice	<b>27</b> <i>Choice of:</i> Roast Pork with Gravy with Plain Rice Pasta Mushroom & Ham <i>serve with:</i> *Corn Salsa Fresh Apple Wedges Chocolate Milk, Milk or Fruit Juice	<b>28</b> Braised Beef with Onion and Leeks with Plain Rice Smokey Chicken Salad <i>serve with:</i> *Eggplant Parmigiano Buttered Corn and Carrots Fresh Fruit Macedonia Chocolate Milk, Milk or Fruit Juice	<b>29</b> Chicken Patties <i>serve with:</i> Plain Rice OR French Fries *Fresh Green Salad Fresh Cantaloupe Balls Chocolate Milk, Milk or Fruit Juice

\* vegetarian dish ( available daily )

**Items may contain nuts/sesame seeds and honey**